

for the coming weeks.

Presanctified Liturgy: Every Wednesday at 6:00 p.m. the Liturgy of the Presanctified Gifts will be celebrated. This service will alternate between St. George's Church and our church. Be sure to check the schedule in the calendar. You are encouraged to prepare yourselves for Holy Communion that is offered at this Liturgy. There is to be no eating, drinking, smoking, etc. starting at Noon! If you have questions concerning preparation, please ask Father George. A Lenten meal will also be served after the Presanctified Liturgy. **Volunteers to prepare the meals are needed for the weeks of March 20 & April 3 & 17.** Please let Father George know if you can help out. This provides a wonderful opportunity for Lenten fellowship.

A Note on Confession: Everyone is expected to receive the sacrament of Holy Confession during the Lenten season. Confessions are heard following vespers on Saturday evenings, before Presanctified Liturgies at 4:30 p.m. or you can schedule an appointment with Father George. There are confessions booklets in the pamphlet rack in the narthex in both English and Russian to assist with your preparation before coming to confession. Please try not to come on Sunday mornings unless you live a great distance from church. You are also reminded to not wait until the very last minute . Prepare yourselves early! It would be very helpful to have everyone come to confession prior to Holy Week. Thank you in advance for your understanding and cooperation.

Coffee Hour:

Today Olga Granado, Ruzanna Achelyan (*Cheese-Fare*)

March 17 VACANT: Volunteers needed! (*Lenten*)